

Data Sources & Resources

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Youth Risk and Resiliency Survey (YRRS)

Biennial survey of middle and high school students in New Mexico

Administered in collaboration between NM schools / school districts, NM Public Education Department (NM PED), UNM Prevention Research Center (UNM PRC), and NMDOH

Design and support from the Centers for Disease Control and Prevention (CDC)

Analysis in collaboration with NMDOH and UNM PRC

Paper survey

Administered in odd-numbered years

Reports available in even years

Weighted to assure that it is representative of the NM population

Survey questions available at <http://www.youthrisk.org/> ; select data from various years, middle school, high school, English or Spanish survey PDFs

CDC's Youth Risk Behavior Surveillance System website available at <https://www.cdc.gov/healthyyouth/data/yrrb/index.htm> and includes data from other states and special issues reports

Behavioral Risk Factors Surveillance System (BRFSS) Survey

Annual national survey that collects state data about adult U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services

World's largest, on-going telephone health survey system operated by the Centers for Disease Control

Survey questions available at:
<https://www.cdc.gov/brfss/questionnaires/index.htm>

NM Health Behaviors and Conditions survey results available at:
<https://www.nmhealth.org/about/erd/ibeb/brfss/> ; select from multiple years of PDF reports containing statewide survey results

Results by county and other demographics available in the NMDOH Substance Use Epidemiology Profile or at NM-Ibis

The core national survey is used to gather information on many health behaviors and takes about 27 minutes to complete; however, the only questions about substance use are about alcohol, tobacco, and cannabis

NMDOH accepts proposals to include additional modules in the survey deployed in our state

Substance Use Epidemiology Profile

The Substance Use Epidemiology Profile is prepared annually by the New Mexico Department of Health Epidemiology and Response Division, Substance Use Epidemiology Section. It is currently funded through the Substance Abuse and Mental Health Services Administration (SAMHSA) and Centers for Disease Control (CDC) Alcohol Prevention Program. Its production is guided by the Statewide Epidemiological Outcomes Workgroup (SEOW)

Organized into three parts:

1. Consequences

- Includes Alcohol-Related Death, Smoking-Related Death, Drug Overdose Deaths, and Suicide

2. Mental Health

- Includes adult and youth mental health measures

3. Consumption

- Alcohol, Illicit Drugs, Tobacco

Annual Substance Use Epi Profiles can be found at:

<https://www.nmhealth.org/about/erd/ibeb/sap/>

NM-IBIS

NM-IBIS is an online database developed and maintained by the New Mexico Department of Health. NM-Ibis provides public access to NM health data including data related to substance use and misuse, overdose, and mental health indicators from the YRRS and BRFSS. It can be accessed at: <https://ibis.health.state.nm.us/>

NM-IBIS contents:

"[Health Topics](#)" tab provides quick access to data by topic

- [Community Profiles](#) provide data at-a-glance for each New Mexico county
- [Indicator Reports](#) provide data charts and maps for health indicators, such as [teen births](#), [smoking rates](#) and [drug overdose deaths](#) in New Mexico
- [Custom data queries](#) allow you to query public health datasets

Custom data query demonstration is coming!

NM Drug Overdose Prevention Quarterly Measures Report

- Report produced quarterly to track indicators related to drug overdose prevention. The indicators reported here allow for the tracking of three key interventions for prescription drug overdose: improving prescribing of controlled substances, increasing the availability of treatment for opioid dependence, and the increasing availability of naloxone in the community
- Report indicators published at the statewide level, but indicators are available at the county level by request
- Quarterly reports plus Substance Use Epi Profile and other publications found at: <https://www.nmhealth.org/about/erd/ibeb/sap/>

National Survey on Drug Use and Health (NSDUH)

SAMHSA funded survey that measures:

- use of illegal drugs, prescription drugs, alcohol, and tobacco and misuse of prescription drugs
- substance use disorder and substance use treatment major depressive episode and depression care
- serious psychological distress, mental illness, and mental health care

Data are available at: <https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health>

NMDOH Substance Use Data Dashboard

- Found at: <https://www.nmhealth.org/about/erd/ibeb/sap/dod/>
- Offers data at the statewide and county levels, and by demographic, substance splits
- Also includes Emergency Department visit and Naloxone distribution data
- Currently undergoing evaluation and usability testing
 - Dashboard will be updated with most current available data soon!

NM-IBIS Demonstration

Please see your handout with step-by-step instructions for making a custom data query using NM-IBIS

Data Sources Scavenger Hunt

Please see Data Sources Scavenger Hunt handout for instructions

Post Activity Discussion

Please see Data Sources Scavenger Hunt handout for discussion points

Thank you!